

# Seminary of the Wild

## An Introduction to Nature-Based Authenticity and Wholeness

Sept. 24-26, 2017



Seminary of the Wild was formed to help folks become more fully alive. It seeks to do that by helping folks move toward greater wholeness and authenticity by providing nature based experiences that help one to discover more deeply the fullness of their God-given identities.

Our own God-given nature has been created with astonishing resources, unrealized gifts and depths that most of us might not know exist until we discover how to access, cultivate, and integrate them into our daily lives.

Based on a deeper exploration of Jesus in the Gospels and Bill Plotkin's new book, *Wild Mind: A Field Guide to the Human Psyche*, this 3-day retreat will use a nature based map of the psyche to help uncover and respond to those sub-personalities that encourage us to play it safe, fit in, and choose social acceptability over personal authenticity. While these "subs" desire to keep us small and safe, they also can keep us from stepping into the larger story God has planned for each of us.



*"The Glory of God is a person fully alive."*

St. Irenaeus



Jesus declared "I have come that you might have life and have it abundantly." About a century later, St. Irenaeus put it a bit differently when he noted, "The glory of God is a person fully alive." As we all know, being fully alive doesn't happen automatically. While true life always comes from Christ, we have the freedom and capacity to either support or oppose the life-giving work of God.

At this retreat, participants will explore the human psyche in a way that will bring greater self-understanding as well as learn practices that will facilitate one's connection to God, nature, and their deepest self, so that one may live more fully.

## What to expect:

- Recover and integrate the forgotten voices of your own God-given identity.
- Experience your conscious membership in deep community with creation.
- Join other Christian leaders journeying into their deepest wholeness.

## Discover:

- Practices of authenticity
- How to recognize and consciously cultivate the four facets of the Self – your innate human wholeness

We'll explore the landscape of the psyche through a variety of practices, including creative expression, self-designed ceremony, solo exercises through engagement with the land, group work, movement, journaling, and council.



## YOUR GUIDES

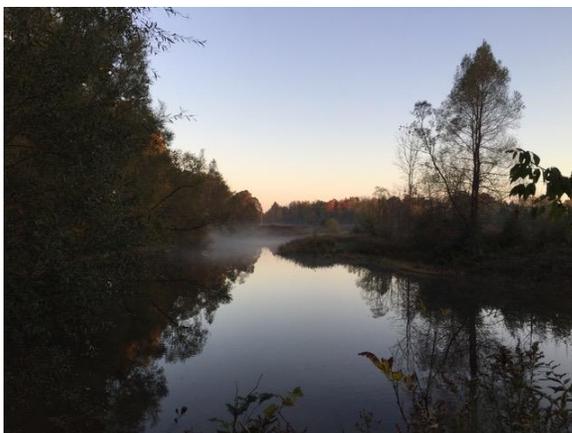
### The Rev. Bryan Smith

Bryan is a Presbyterian pastor, an ICF certified Life Coach, and has participated in numerous Animas Valley wilderness experiences. Bryan received a BA in Psychology and Economics from UCLA, his MDiv from Princeton Theological Seminary, and his Life Coach training through Auburn Theological Seminary.



### Cindy Thomas

Cindy is an elder at Geneva Presbyterian Church. She is an ICF certified Life Coach. She received a Bachelor's Degree in secondary education from the University of Toledo, and her coach training through The Institute for Life Coach Training and Auburn Theological Seminary.



**Date:** Sept 24, 5:00 PM – Sept 26, 11:00 AM

**Place:** Lindisfarne  
3333 Munger Rd.  
Tipton, MI 48297

**\*Cost:** \$120 for camping  
\$150 for indoor accommodations

**Register:** [Revbds@sbcglobal.net](mailto:Revbds@sbcglobal.net)

**Phone:** 734-968-9281

\*Participants will be responsible for helping to provide one or two meals.